

Package leaflet: Information for the patient

Chericof Flu Plus Capsules

(Paracetamol, Phenylephrine Hydrochloride & Chlorpheniramine Maleate capsules)

Read this entire leaflet carefully before you starts taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

What is in this leaflet?

1. What Chericof Flu Plus Capsules is and what it is used for
2. What you need to know before you take Chericof Flu Plus Capsules
3. How to take Chericof Flu Plus Capsules
4. Possible side effects
5. How to store Chericof Flu Plus Capsules
6. Contents of the pack and other information

1. What are Chericof Flu Plus Capsules and what are they used for?

Each Chericof Flu Plus Capsule contains, Chlorpheniramine maleate; Paracetamol and phenylephrine hydrochloride. It is a combined preparation with prolonged action. Chlorpheniramine maleate is a Histamine (H-1) receptor blocker with antiallergic action. It provides temporary symptomatic relief of sneezing and for runny nose (sniffles) due to common colds. Paracetamol has analgesic activity. It reduces pain associated with common cold. Phenylephrine hydrochloride is a decongestant, which produces temporary relief of nasal congestion/pressure and stuffiness due to common colds.

Chericof Flu Plus Capsules are used for symptomatic treatment of common cold (sneezing and cough).

2. What you need to know before you take Chericof Flu Plus Capsules

Do not take Chericof Flu Plus Capsules if you

- are taking a prescription drug classified as an "MAO inhibitor"
- are taking any other products that contain acetaminophen (Paracetamol)
- having heart disease, high blood pressure, diabetes, thyroid disease, high pressure in the eye (glaucoma).
- having liver and severe kidney problems

The Paracetamol in this product can cause liver damage. Check with your doctor before using this product.

Warnings and precautions

Talk to your doctor or pharmacist before taking Chericof Flu Plus Capsules if

- you have a severe sore throat for more than 2 days, accompanied or followed by fever, headache, rash, nausea, or vomiting, see your doctor immediately.
- you are taking other Paracetamol, phenylephrine or antihistamine containing products
- you are taking other sympathomimetics (such as decongestants, appetite suppressants and amphetamine-like psycho-stimulants).
- you are taking other antihistaminics (such as cold and cough medicines).
- you have an enlarged prostate gland, or breathing problems such as bronchitis, bronchiectasis or asthma
- you become nervous or dizzy, or have trouble sleeping
- you develop restlessness and nervousness
- you develop numbness, tingling and colour change (white, blue then red) in fingers and toes when exposed to the cold (Raynaud's phenomenon)

If symptoms persist stop taking this product and check with your doctor.

Pregnancy and breast-feeding

Use this product only when your doctor considers it to be essential.

Driving vehicles and using machines

Do not drive and use machines if you are taking this product. It may cause drowsiness, dizziness, blurring of vision and impairment of higher senses, which can seriously hamper your ability to drive vehicles and use machinery.

Other medicines and Chericof Flu Plus Capsules

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

- sympathomimetic amines (used to treat some heart conditions)
- MAO inhibitors, tricyclic antidepressants (used to treat depression)
- beta-blockers and other antihypertensives (used to treat high blood pressure, heart conditions, glaucoma and migraine)
- ergot alkaloids (drugs used to treat migraine)
- hypnotics or anxiolytics (sleeping pills or tranquilizers)
- phenytoin, used to treating epilepsy (repeated fits or convulsions)
- metoclopramide or domperidone (used to treat nausea and heartburn)
- colestyramine (used to lower blood cholesterol)
- digoxin and cardiac glycosides (used for the treatment of heart failure)

Do not use this medicine with other products containing antihistamines. You may suffer increased drowsiness. For the same reason, avoid alcohol while using this product.

3. How to take Chericof Flu Plus Capsules

For adults and children 12 years and over, the recommended dose is 1 capsule every 12 hours.

4. Possible Side Effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Some side effects can be serious and need immediate medical attention. You should see your physician immediately if you experience symptoms of following:

Serious side effects

- sudden signs of allergy such as rash, itching or hives on the skin, swelling of the face, lips, tongue or other parts of the body, shortness of breath, wheezing or trouble breathing
- redness, itching, severe blister, flaking or peeling of layers of skin, purple or red-brown spots visible through the skin, bleeding in the lips, eyes, mouth, nose and genitals.
- blood disorder (symptoms includes tiredness, headaches, being short of breath when exercising, dizziness, looking pale and yellowing of the skin and/or eyes)

If you get any of these symptoms, stop taking Chericof Flu Plus Capsules and contact your physician straight away

Other side effects

- Liver disease with symptoms includes nausea, vomiting, loss of appetite, feeling generally unwell, fever, itching, yellowing of the skin and eyes, light coloured bowel motions, dark coloured urine
- Heart problems such as fast or irregular, abnormal heart-beats, increased or decreased blood pressure
- Confusion, excitation, irritability, nightmares, depression sedation, sleepiness, inability to concentrate, dizziness, headache, nervousness, restlessness, and trouble sleeping
- Gastrointestinal disturbances such as loss of appetite, diarrhea, abdominal pain, nausea, vomiting, indigestion, dry mouth
- Difficulty in breathing with wheezing or coughing thick phlegm
- Blurred vision, mydriasis (dilatation of the pupil), acute angle closure glaucoma (high pressure in the eye), most likely to occur in those with closed angle glaucoma
- Difficulty in passing urine, pain when passing urine
- Tinnitus (Ringing sensation in ears)
- Muscle twitching, muscle weakness
- Tiredness, Chest tightness
- increased sensitivity of the skin to sun (such as redness, itching, swelling, blistering) which may occur more quickly than normal

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

5. How to store Chericof Flu Plus Capsules

Store below 25°C, protected from moisture.

Keep this medicine out of the sight and reach of children.

6. Contents of the pack and other information

What Chericof Flu Plus Capsules contains

The active substances are

Each timed release capsule contains:
Paracetamol BP 200mg
(as Paracetamol pellets)
Chlorpheniramine Maleate BP 8mg
(as extended release pellets)
Phenylephrine Hydrochloride BP 25mg
(As extended release pellets)

What Chericof Flu Plus Capsules looks like and contents of the pack

A maroon transparent cap and clear transparent body; size '0' capsules contains white to off white, orange to red and yellow coloured pellets.

Each pack contains 1 strip consisting of 10 capsules and Patient Information Leaflet.

Manufactured In India By:

Sun Pharmaceutical Industries Limited
Sun house, 201 B/1, Western Express Highway,
Goregaon (East), Mumbai - 400063
At: Natco Pharma Ltd.
Kothur, Mahaboobnagar
District-509 228, Telangana

This leaflet was last revised in December 2016.

Chericof Flu Plus

Composition

Each timed release capsule contains:

Paracetamol BP 200mg

(as Paracetamol pellets)

Chlorpheniramine Maleate BP 8mg

(as extended release pellets)

Phenylephrine Hydrochloride BP 25mg

(As extended release pellets)

(၁) အသုံးပြုနိုင်သောကျန်းမာရေးပြဿနာများ
အအေးမိ၍နှာချေခြင်း၊နှာရည်ယိုခြင်း၊ချောင်းဆိုးခြင်း၊နာကျင်ကိုက်ခဲခြင်း၊နှာခေါင်းပိတ်ခြင်း၊

(၂) ဘေးထွက်ဆိုးကျိုးများ
ခေါင်းမူးခြင်း၊အိပ်ချင်မှု၊တူးမြစ်ခြင်း၊အမြင်ဝေဝါးခြင်း၊ဓာတ်မတည့်ခြင်း၊
ခေါင်းကိုက်ခြင်း၊ ခြူးဖျော့သွားခြင်း။

(၃) သတိပြုရန်အချက်များ
နှလုံးရောဂါ၊ သွေးတိုးရောဂါ၊ဆီးချိုသွေးချိုရောဂါ၊သိုင်းရွိုက်အကျိတ်ရောဂါ၊မျက်စိရေတိမ်
ရောဂါ၊အသည်းနှင့်ကျောက်ကပ်စွမ်းဆောင်ရည်လွန်စွာကျဆင်းနေသူများမသောက်သင့်ပါ။
အကယ်၍ ၅ ရက်ထက်ကျော်နေပြီဖြစ်သောလည်ချောင်းနာခြင်း၊ဖျားခြင်း၊
ခေါင်းကိုက်ခြင်း၊ယားယံအကွက်ထခြင်း၊ဖျို့အန်ခြင်းများဖြစ်ပါကဆရာဝန်နှင့်ချက်ချင်းပြပါ။
အခြားသောပါရာစီတမောလ်အကိုက်အခဲပျောက်ဆေး၊အအေးမိချောင်းဆိုးပျောက်ဆေးများ
သောက်နေပါကဆရာဝန်အားပြောပြပြီးမှဤဆေးကိုသောက်ပါ။
ဆီးကျိတ်ကြီးခြင်း၊
လေဖြန်ယောင်ခြင်း၊အဆုတ်လေအိတ်သလိပ်အောင်းရောဂါ၊ပန်းနာရင်ကျပ်စိတ်ဂနာဖငြိမ်၊
အိပ်မပျော်ခြင်း၊ထုံကျဉ်ခြင်း၊လက်ချောင်းခြေချောင်းများအရောင်ပြောင်းခြင်းများရှိပါကဆရာဝန်နှင့်
မေးပြီးမှသောက်ပါ။
ဤဆေးသောက်ပြီးလျှင်ကား၊ယာဉ်စက်ကိရိယာများမောင်းနှင်ခြင်းမပြုရ။

(၄) သိမ်းဆည်းထားသိခြင်း
အခန်းအဖူချိန်၂၅^oCအောက်တွင်ထားရန်။
အစိုမပြန်အောင်ထားရန်။

(၅) ဆေးညွှန်းပမာဏ
၁၂နှစ်နှင့်အထက်လူကြီး၊၁၂နှစ်ခြားတစ်တောင့်သောက်နိုင်။

(၆) ထုတ်ပိုးမှုပုံစံ - ဆေးတစ်ဘူးတွင် ဆေး၁၀လုံးခန့် ပါဝင်ပါသည်။

(၇) ဆေးဝါးထုတ်လုပ်သည့် နိုင်ငံ - အိန္ဒိယနိုင်ငံ
ဆေးဝါးထုတ်လုပ်သည့် ကုမ္ပဏီ - Sun Pharmaceutical Industries Limited,
Sun house, 201 B/1, Western Express Highway,
Goregaon(East), Mumbai-400063
At: Natco Pharma Ltd,
Kothur, Mahaboobnagar District-509 228, Telangana

ဆေးဝါးတင်သွင်းသည့်ကုမ္ပဏီ - JDS Co.,Ltd,
အမှတ်-၆/AI ဒေါ့ပုံကော်ဇောစက်ရုံဝင်း၊ မင်းနန္ဒာလမ်းမကြီး၊
နွယ်အေးရပ်ကွက်၊ ဒေါ့ပုံမြို့ နယ်၊ ရန်ကုန်။

5197261